

# Watson-Ellison Foundation

## About Us

Welcome to the Watson-Ellison Foundation (WEF), a dedicated nonprofit committed to supporting individuals and families affected by Alzheimer's disease and dementia. Founded by Anjanette Ellison in 2021, our mission is deeply personal and profoundly urgent. We are here to bring hope, support, and education to communities across the nation.

## Our Story

Anjanette Ellison's journey with Alzheimer's began in her own home. Growing up with her maternal grandparents, she witnessed the subtle, heartbreaking changes that came with Alzheimer's. Her grandmother's unusual behavior went unrecognized, creating a heavy burden of misunderstanding. Anjanette also saw her paternal grandfather, the first African American Police Sergeant in Richmond, CA, suffer similar symptoms. These experiences ignited her passion to raise awareness and improve understanding of early signs and caregiving.

In September 2022, Anjanette's life took another challenging turn when her father was diagnosed with vascular dementia. Balancing caregiving with maintaining her own health was a struggle, but her dedication to ensuring her father could remain in his home with dignity never wavered. This personal journey fuels our mission at WEF.

## Our Mission

Based in Fairfield and Vallejo, CA, WEF is dedicated to:

- **Raising Awareness:** Educating communities about the early signs of Alzheimer's and the importance of timely treatment.
- **Providing Support:** Offering vital assistance to families who don't qualify for state programs.
- **Empowering Caregivers:** Creating a day program to provide caregivers with respite, including daily care, meals, exercise, and music. This program will offer a sanctuary where caregivers can recharge while continuing to support their loved ones.

## Our Vision

Our vision is a world where Alzheimer's disease and dementia are understood, treatable, and no longer feared. We aspire to create a community where every person has access to the support and resources needed to combat these conditions and live a life of dignity and fulfillment. Together, we strive to eliminate the barriers to awareness and treatment, ensuring a brighter future for generations to come.

We envision a world where every individual affected by dementia receives the support and understanding they need. With approximately 50 million people worldwide living with dementia and 60% to 70% of those with Alzheimer's, the need for education and support has never been more urgent.

## How We Work

- **Fundraisers & Outreach:** We organize events to raise awareness and provide support, focusing on low-to-medium-income communities.
- **Community & Collaboration:** Partnering with healthcare professionals, researchers, and volunteers to deliver cutting-edge information and resources.
- **Breaking down Stigma:** Our initiatives aim to foster understanding and compassion, breaking down the stigma surrounding Alzheimer's and dementia.

## Get Involved

We are actively seeking funding to expand our outreach and create a supportive space for caregivers. Your support can transform lives by providing crucial resources and hope to families in need. Join us in making a difference together, we can shine a light on Alzheimer's disease and build a future where no one faces it alone.

## Organization Causes-(Purpose of Existence)

The Watson Ellison Foundation (WEF) is committed to addressing the urgent global health crisis posed by Alzheimer's disease and dementia. With over 50 million people affected worldwide, and up to 70% of those living with Alzheimer's, these conditions have a profound impact on individuals, families, and communities.

Our cause is to raise awareness, understanding, and provide essential resources to combat Alzheimer's and dementia, particularly in underserved communities where access to information and support is often limited. By empowering individuals with knowledge and encouraging early detection, we aim to improve quality of life and reduce the stigma associated with these diseases.

WEF is driven by the belief that through education, advocacy, and collaboration, we can create a world where Alzheimer's and dementia are no longer feared. We are dedicated to supporting cutting-edge research, developing innovative outreach programs, and building strong community networks that prioritize inclusivity and compassion.

Together, we work tirelessly to inspire hope, accelerate progress, and ultimately find a cure, ensuring a future where every individual can live with dignity and resilience in the face of Alzheimer's and dementia.

## **Our Core values**

### **1. Compassion**

We believe in approaching every individual and family affected by Alzheimer's and dementia with empathy, kindness, and understanding.

### **2. Empowerment**

Empowering individuals and communities is at the heart of our mission. We strive to provide the education, resources, and support necessary for people to take charge of their health and well-being, encouraging proactive approaches to Alzheimer's and dementia care.

### **3. Collaboration**

We recognize the importance of working together to achieve our goals. By partnering with healthcare professionals, researchers, volunteers, and community organizations, we aim to create a unified front in the fight against Alzheimer's disease and dementia, leveraging collective expertise and resources for maximum impact.

### **4. Innovation**

Innovation is key to driving progress in Alzheimer's research and awareness. We are dedicated to embracing new ideas, technologies, and methods to enhance our programs and initiatives, ensuring that we remain at the forefront of the battle against these conditions.

### **5. Inclusivity**

We believe that everyone deserves access to the information and resources needed to combat Alzheimer's and dementia, regardless of their background or circumstances. Our efforts focus on reaching underserved communities, breaking down barriers to care, and fostering an inclusive environment where everyone feels valued and supported.

### **7. Education**

Education is a powerful tool in the fight against Alzheimer's and dementia. We prioritize raising awareness and disseminating accurate information to help individuals and families make informed decisions about their health, ultimately reducing the stigma and fear surrounding these conditions.